

DAILY HEALTH CHECK FORM

Date: _____ Name of Child: _____

Name of parent/guardian: _____

Does your child have any of these symptoms?

- | | |
|---|---|
| ☐ Fever or chills | ☐ Cough |
| ☐ Nasal congestion or runny nose | ☐ New loss of taste or smell |
| ☐ Sore throat | ☐ Diarrhea |
| ☐ Shortness of breath / difficulty breathing | ☐ Nausea or vomiting |
| ☐ Stomach ache | ☐ Tiredness |
| ☐ Poor appetite or poor feeding | ☐ Headache |
| ☐ Rash / mouth sores | ☐ Muscle or body aches |

Does your child have symptoms that indicate a communicable disease or has your child been recently diagnosed with a communicable disease? ☐ Yes ☐ No

If you answered “yes”, you must provide Sweet Cherry Blossom Daycare with a doctor’s note clearing your child for a return to daycare

If your child has any of these signs and symptoms:

- Please keep them at home for a period of 10 days after the onset of symptoms. Once symptoms have resolved fully your child may return to the childcare center
- Please call 8-1-1 or your health provider for more information

Has your child, or anyone in your household, had close contact with someone who has had possible exposure to the COVID-19 virus? ☐ Yes ☐ No

Have you or anyone in your household traveled to any countries outside of Canada, including the United States, within the last 14 days? ☐ Yes ☐ No

If you answered “yes” to one or both of the questions above but do not currently have any symptoms:

The Ministry of Health and BCCDC state that you need to quarantine (self-isolate) for 14 days and monitor yourself for new symptoms.

If you answered “yes” to one or both of the questions above and have developed symptoms:

The Ministry of Health and BCCDC state that you need to quarantine (self-isolate) and avoid contact with others for at least 10 days after the onset of symptoms.

(If you choose not to have your child tested) Sweet Cherry Blossom Daycare requires that your child stay home for at least 14 days. It is very important that the child complete the entire 14-day self isolation period. This is because the child may still be able to spread COVID-19 during this time, even if the child does not present with symptoms.

- For any medical information please call 8-1-1 or your health care provider
- For any non-medical information about COVID-19 (including information related to travel) please call 1-888-COVID19 (1-888-268-4319). This service is available 7 days a week from 7:30am to 8:00pm

Parent /Guardian Signature: _____

Child Care Staff Signature: _____